



BKS IYENGAR Yoga Centre of BRUSSELS IXELLES
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Timetables 2021-2022

Monday	9.30 – 11.00am	Level 1
	11.15 – 12.45pm	Level 2
	1.15 – 2.45pm	Post-natal by appointm
	4.15 – 5.45pm	Special case by appointm
	6.30 – 8.00pm	Level 1
	6.30 – 8.00pm	Level 2
	8.00 – 9.30pm	Level 1-2
Tuesday	10.00 – 11.30a	Level 2
	4.30 – 6.00pm	Level 1-2
	6.30 – 8.00pm	Level 2
	8.00 – 9.30pm	Level 1
Wednesday	08.00 – 9.15	Level 1 Vinyasa Dynamic
	10.00 – 11.30	Level 1
	10.00 – 11.30	Level 2
	6.30 – 8.00pm	Level 1 & 2
Thursday	9.30 – 11.00	Level 1-2
	11.15 – 1.00pm	Level 3-4
	6.30 – 8.00pm	Level 1-2
Friday	9.30 – 11.00	level 1-2
	11.15 – 12.45	Level 2-3
	6.30 – 8.00pm	Level 1-2
	6.30 – 8.00pm	Level 1 <i>starting September '21</i>
Saturday	9.30 – 11h00	Level 1
	9.30 – 11h00	Level 2
	11.15 – 12h45	Level 1
	11.15 – 12h45	Level 2-3

1 class:17€ Card 10 classes/3mo:140€ Post-natal:20€ card of 10 cl:170€

Lev 1: beginners, lev 1-2: 1 year, lev 2: 1 to 2 years lev 3 >3 years

Philosophy classes

SUMMER RETREATS