## **BKS IYENGAR YOGA CENTRE BRUSSELS** ETTERBEEK

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## Time table 2016-2017

Monday	9.30am- 11.00am 11.15am - 12.45pm 1.15pm - 2.45pm 4.15pm - 5.45pm 6.30pm - 8.00pm 6.30pm - 8.00pm 8.15pm - 9.45pm	level 1 level 2 post-natal/ appointm special care/appointm level 1 level 2 Level 1
Tuesday	10.00am - 11.30am 6.30pm - 8.00pm 6.30pm - 8.00pm	level 2 level 1 level 2
Wednesday	10.00am - 11.30am 10.00am - 11h30am 4.30pm - 6.00pm 6.30pm - 8.00pm 6.30pm - 8.00pm	level 1 level 2 special care/appointm level 1 level 2-3
Thursday	9.30am- 11.00am 11.15am - 1.00pm 1.15pm - 2.45pm 6.30pm - 8.00pm 6.30pm - 8.00pm 8.15pm - 9.45pm	level 1-2 level 3-4 pregn wom/appointm level 1 level 2 Level 1
Friday	9.30am- 11.00am 11.15am - 12.45pm 6.30pm - 8.00pm	level 1-2 level 2-3 level 1-2
Saturday	9.30am- 11.00am 9.30am- 11.00am 11.15am - 12.45pm 11.15am - 1.00pm	level 1 level 2 level 1 level 3

1 class:15€ card 10 classes/3months:120€ Monthly:170€ pregnant women + post-natal: 17€ card 10 classes: 145€ lev 1: beginners lev 1-2: 1 year lev 2: 1 à 2 years lev 3-4: 3 years

Sunday intensives: 2016: 2/10; 13/11; 11/12 2017: 12/02; 12/03;

Easter workshop 15+17/04; 7/05; 18/06

Summer retreats in Gaume in 2017: 23-28/07 + 22-27/08